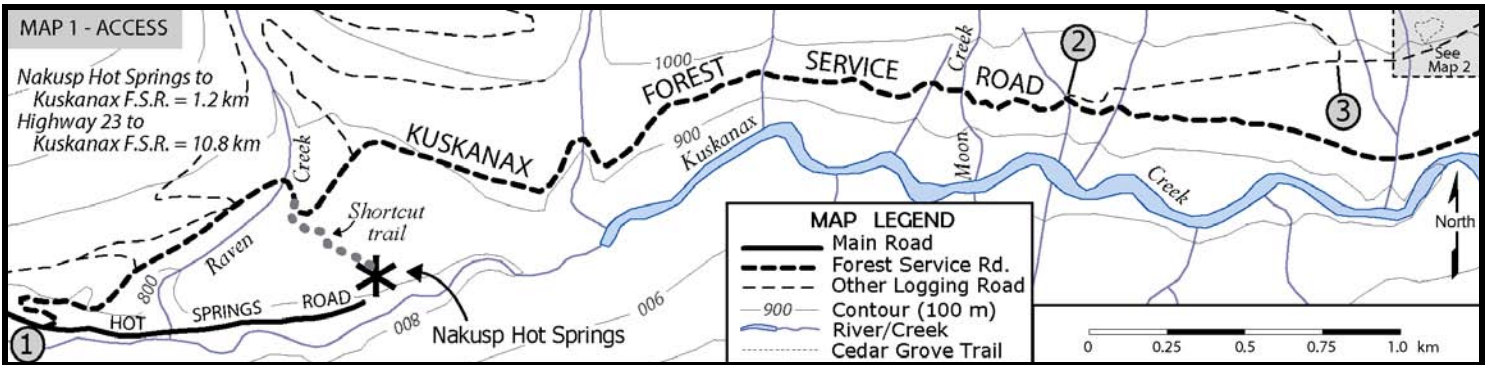
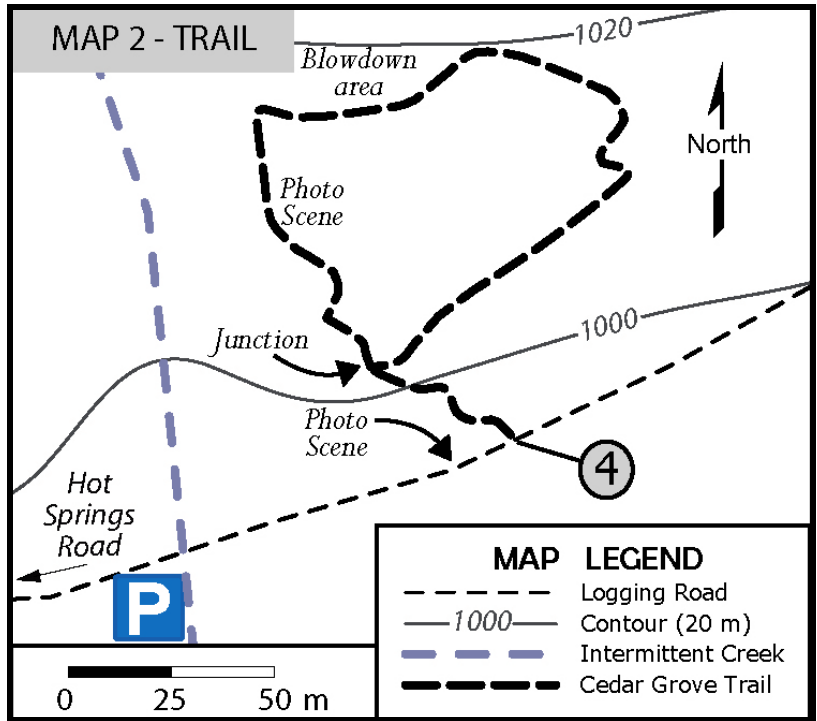


# Cedar Grove Trail

<b>Rating:</b>	easy
<b>Distance:</b>	1/2 km
<b>Time:</b>	1/2 hour
<b>Surface:</b>	compact dirt
<b>Modes:</b>	hiking

Point	GPS	Description
①	50° 17' 44" N 117° 41' 55" W	Turn off Hot Springs Rd. to FS Road
②	50° 18' 9" N 117° 39' 14" W	Turn off FS Road to Branch Road.
③	50° 18' 13" N 117° 38' 29" W	Turn off Branch Road to Spur Road
④	50° 18' 14" N 117° 38' 13" W	Trail begins



## Trail Description

Cedar Grove Trail is a gentle half kilometre loop through a stand of majestic old growth Western Red Cedar trees. Hikers of all abilities can access superb interior rainforest habitat, untarnished by natural or industrial disturbances. The trees in the grove, some with a diameter of over 2 metres, are hundreds of years old. They tower over 30 metres high, affording a canopy of dense green cedar bows, home to many species of birds and insects, as well as lichens, mosses and plants that feed larger mammals. The Devil's club, lady fern and cedar trees in the grove are typical of a moist interior forest site. This particular old growth habitat hosts the lichens and shrubs upon which southern mountain caribou feed during their late fall and early spring low elevation migration.

## Access

To access Cedar Grove Trail, drive north from Nakusp on Highway 23, toward Revelstoke. About 2 km from town, turn right onto Hot Springs Road, and follow the road for 10.8 kilometres. Turn left onto the Kuskanax Forest Service Road (GPS Point 1 on the map); drive for 4.2 km and look for the "Cedar Grove Trail .8 km" sign (GPS Point 2). Veer left at this sign and follow the road for 1 km; here the road branches onto a spur road. Go straight on the spur; don't take the uphill turn. A yellow sign at this branch says ".3km to trail" (GPS Point 3). A few hundred metres along this branch there is a wide area to turn around and park a vehicle (GPS [P]), and the trail head sign marks the beginning of the loop 100 metres further along (GPS Point 4).

## Modes of Use

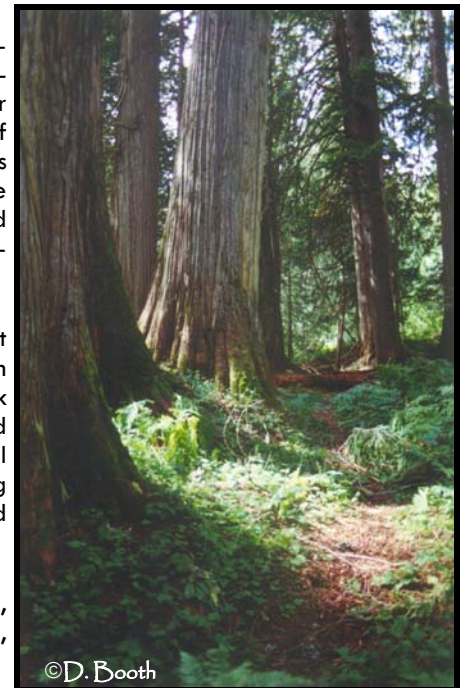
Cedar Grove Trail is a relatively flat trail of compact dirt. The walk around the loop is a nice, easy stroll for almost anyone. Although the trail isn't accessible to wheelchairs, bikes or strollers, one could wheel up to the trail head and enjoy the surroundings from there.

## Past and Future

The Cedar Grove trail was built by the Ministry of Forests in this special forest reserve to maintain and share the habitat in its natural state.

## If You Liked This Trail

If the Cedar Grove Trail appealed to you, try Wrap Around Nakusp, Box Lake Loop or portions of Rosebery Railway Trail, which are also relatively short, easy hikes in this area.



©D. Booth

A gentle trail loops through ancient trees



- Trails in Series:  
 Sign at beginning of trail
- ① Kuskanaux Mtn.
  - ② Hotsprings Trail
  - ③ Kimbol Lake
  - ★ Cedar Grove
  - ⑤ Box Lake Loop
  - ⑥ Saddle Lookout
  - ⑦ Wensley Creek
  - ⑧ Nakusp Loop
  - ⑨ Rosebery Railway
  - ⑩ Silver Cup Ridge



This brochure is informational only. Trail users assume all responsibility for personal injury or damage to equipment.

~Detailed information on the inside ~

Trails are shared by many and maintained by few, so follow trail etiquette:

- keep to the designated trails
- take only pictures; leave only footprints
- foot traffic yields to horses, bikes and motorized traffic (only use on trails allowing motors)
- travel in pairs or groups, and keep kids in sight at all times
- keep pets under control; be aware they may pose a hazard with backcountry wildlife

**General Information**  
 Be prepared for hiking. Even if your journey is a short one, you should have:

- solid walking shoes or boots
- water and nutritious food
- first aid supplies
- comfortable clothing – loose layers with rain gear

**In the backcountry, prepare for the unexpected:**

- tell someone where you are going and when you expect to return
- bring emergency supplies eg. warm clothes, extra food & water, matches, knife, compass, map
- make noise to alert wildlife to your presence eg. sing, whistle, clap

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\* All brochures in the Trails of Nakusp series are available online at : [www.nakusparrowlakes.com](http://www.nakusparrowlakes.com)

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**Credits:**  
 The Trails of Nakusp brochure series was produced for the Nakusp & District

Kids play amongst very old trees

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Trails of Nakusp  
 Easy Hike/Walk  
 Spring~Summer~Fall

# Cedar Grove Trail



Cedar Grove Trail makes a great afternoon family outing.